**Plan ahead**
- You may need more than one SRLD to reach safety.
- Grab another SRLD as soon as possible.
- When breathing bag gets uncomfortable, change over to a second SRLD.

**If you need more than one SRLD**

**How to change over**

1. **Open second SRLD**
2. **Hang second SRLD around neck**
3. **Pull second SRLD's starter tag**
4. **Take deep breath from first SRLD**
5. **Pull second SRLD's mouthpiece plug**
6. **Pull out first mouthpiece**
7. **Put second SRLD's mouthpiece in mouth**
8. **Drop first nose clamp. Clamp nose shut with second clamp**
9. **Drop first SRLD after second one is working.**

**If starter oxygen escapes thru mouthpiece**

Go to backup plan!
- **Grab another SRLD.**

**Manual start**

1. **Put SRLD on.**
2. **Tighten neck strap to take SRLD around neck.**
3. **Pass chest strap around your back and clip to chest breathing hose.**
4. **Keep mouthpiece in mouth and just keep breathing!**

**Get ready to move STRAPS FIRST**

1. **Put SRLD goggle on.**
2. **Wear only standard SRLD goggle.**
3. **Need eyeglasses? Wear them over goggles.**
4. **Tuck eyeglass side pieces under goggle strap.**

**How to do manual start**

1. **Put mouthpiece back in mouth.**
2. **Take mouthpiece out of mouth.**
3. **Clamp nose shut with nose clamp.**
4. **Take deep breath from SRLD.**

**Know when to change over**

- When breathing gets uncomfortable. Change over to a second SRLD.
- If you need more than one SRLD.

**Making SRLD last longer**

**Go slow and steady**

- **Walk wherever you can.**
- **Drop excess gear.**
- **Speed, heavy loads, and hard work use up oxygen faster.**

**When there’s trouble**

- **Don’t panic.**
- **Breath deeply and slow to stay calm.**
- **Head for escapeways as trained.**

**Size matters**

- **Out of shape? Change over sooner than your buddies.**
- **Just big?** Change over sooner than your buddies.
- **Out-of-shape bodies use up oxygen faster.**
- **Big bodies use up oxygen faster.**

**Special or Critical User Instructions**

Do’s and don’ts of SRLD safety

- **Don’t try to start abandoned SRLD.**
- **Do manual start.**

- **No other SRLD handy? Do manual start.**

- **After manual start, SRLD will take several minutes to reach full oxygen production. Move and work slowly until breathing bag stays inflated.** This procedure does not conform to CPR82 part 4 requirements.

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Get ready to move

Open your SRLD

1 Pull SRLD from pouch.
2 Set SRLD on solid, dry surface.
3 Remove hard hat and shine light on SRLD.
4 Pull open steel security band:
   • Locate fabric loop on SRLD top.
   • Unclip fabric loop.
   • Hook finger thru loop.
   • Hold SRLD down while pulling loop up.
5 Remove steel top and bottom covers:
   • Top: Pull cover off.
   • Bottom: Pull cover off.

INSTRUCTIONS

1 Put it on and start it

Oxygen first
1 Loop neck strap around neck to free hands.
2 Keep plug in mouthpiece.
3 Grab starter tag hanging under SRLD.
4 Pull down once and let go. Breathing bag will fill.
Mouthpiece second
1 Spit out gum or chewing tobacco.
2 Inhale one deep breath.
3 Now pull out mouthpiece plug. Don’t twist.
4 Insert mouthpiece. Grip with teeth.
5 Exhale into mouthpiece to activate oxygen. Breathing will take some work. You will feel resistance.
6 Just keep breathing!
   If oxygen escapes thru mouthpiece:
   • Grab another SRLD.
   • If no other SRLD is handy, begin manual start.
Nose clamp third
1 Pull clamp apart.
2 Clamp nose shut.

Put hard hat back on.
Keep these instructions.
Drop extra gear.
Walk, don’t run, to next air cache or mine exit.

Eyes first
1 Put SRLD goggles on.

WARNING Use only standard SRLD goggles.
2 Need eyeglasses? Wear them over goggles.
3 Tuck eyeglass side pieces under goggles strap.

Straps second
1 Tighten neck strap to take weight off mouthpiece and breathing hose.
2 Pass chest strap around your back and clip to chest strap hook.
3 Tighten chest strap so SRLD is snug against chest.

Move out third
1 Inspect your SRLD before every shift.

INSTRUCTIONS

2 Put it on and start it

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1 Loop neck strap around neck to free hands.
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INSTRUCTIONS

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2 Pass chest strap around your back and clip to chest strap hook.
3 Tighten chest strap so SRLD is snug against chest.

Move out third
1 Put hard hat back on.
2 Keep these instructions.
3 Drop extra gear.
4 Walk, don’t run, to next air cache or mine exit.

WARNING Don’t remove mouthpiece, don’t talk.